

WHAT IS TTM?

TTM - Trans-Telephonic Monitoring is designed to monitor and evaluate your heart rate.

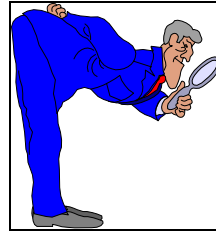
Your physician will inform you of symptoms to watch

for. These may include: Chest Pain, Palpitations, Shortness of breath and dizziness.

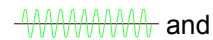
The results of your monitoring will help your physician with important diagnostic and prognostic information necessary to determine an appropriate plan of treatment.



HOW DOES TTM WORK?



The monitor records your heart beat. The TTM takes an electrical signal (your heart-beat)



and

converts it to a noise.

This process is called frequency modulation. You transmit this noise to a lab that is on-call 24 hours a day.

You send (*transmit*) this “noise” through any standard telephone. This “noise” goes directly to a special computer called an “FM demodulator” that reverses the noise back to its original signal and graphs it on an ECG.

This is the information that your physician receives and evaluates. In effect, you have just transmitted your ECG over the telephone.

How does TTM differ from holter monitoring?

A Holter monitor constantly records your heart rate for a shorter period of time than TTM, usually 24-48 hours. During this period of time you might **not** experience the symptoms which your physician would like to examine. By utilizing an event monitor, the only information that gets stored in the monitor is data from the time of the event.

How long will I be monitored ?

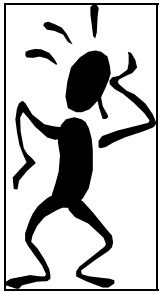
Your physician will determine the amount of time you should be monitored. This could vary from 1 to 3 weeks depending on the frequency of your symptoms. The longer you are on the monitoring service, the more likely it is to capture a true “event”.

Note: Your monitor is not an emergency device. In case of a medical emergency contact your local emergency medical services.

Is this test necessary?

These tests are optional and you may choose not to have your physician perform them. However, by enrolling on the TTM services you circumvent the need for hospital monitoring - a significant savings in medical bills. Furthermore, you can continue your normal daily activities. If an abnormal ECG rhythm is captured, your physician will make a decision about further plan of treatment.

Will my insurance cover this procedure?



Your physician has prescribed this procedure as a diagnostic tool in the evaluation of your heart's performance. TTM is covered by most insurance policies, including

medicare, and third party insurance carriers. The company will accept your policy's usual and customary rates for your geographical location.



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TTM MONITORING

TTM and me:
an introduction

